



**\*ALL PLAYERS MUST COMPLETE THE ONLINE WAIVER FORM\***



## **Lakefront Leagues: Sand Volleyball Rules**

### **Format:**

- 6 player teams (at least 2 females + 2 males)
  - May play with 5 players (at least 2 females + 2 males)
  - May play with a minimum of 4 players (at least 1 female + 1 male)
- Multiple Teams
  - Regular Season – a player may compete on multiple teams in the same league.
  - Playoffs – a player may only compete on one (1) team in the same league night.
- 3-game series, play all 3
  - Rally Scoring, Win by 2 (To: 21, 21, 21) (Cap: 25, 25, 25)
  - Maintain Rate of Play
  - **40-Minute Rule:** Teams have 40-minutes from first serve to complete their first 2 sets. If the 2nd match ends after the time limit, the third match will be played to 15, Win by 2, Cap at 19.
- **Self-Ref**
  - All discrepancies in the game must be handled by the teams. A manager will be on-site to interpret any rules if necessary, but WILL NOT make a final decision. Discrepancies that cannot be settled will result in a replay of the point.
- **Playoffs**
  - Volleyball Referees will officiate all Playoff Matches.
  - Single Elimination Tournament, seeding based on regular season performance
  - Best of 3 sets to advance in the bracket, Win by 2 (To: 21, 21, 15) (Cap: 25, 25, 19)
  - Higher Seed Choose: Side or Serve

### **Equipment:**

- Game Volleyballs Provided. May use own ball if agreed upon with the opposing team captain. Please bring your own to warm up with.

### **Sport Specific Rules:**

- **Starting the Game:**
  - A coin flip, or rock-paper-scissors, will start each game. Winner will choose to serve, or choose their side of the court. Teams will switch sides of the court in-between each game.
- **Game Play**
  - Players must rotate the server position.
  - Players must rotate clockwise when starting a new server.
  - Unlimited substitutions may be made ONLY at the server position. Players DO NOT need to make a full rotation prior to subbing out. Injured players may sub out from any position.
  - Service may be made anywhere along the end line.
  - The server should call the score with each service.
  - The ball may contact any part of the body to remain in play. (Kick balls = Legal)
  - Scooping, lifting, pushing, or allowing the ball to roll on the body will be considered a held ball and illegal.
  - Blocking can only be done by front row players. Attacking the ball in front of the 10-foot line can only be done by front row players.
  - The receiving team on a serve cannot attack the serve. The first hit by the receiving team shall be a bump or set.
  - A ball that hits the court line will be considered in.
  - The ball must cross the net within the proximity of the width of the net.

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- **Late Team / Forfeit Rule**
  - A team may forfeit twice during the season, a third forfeit will result in removal from the playoff bracket.
  - If your team needs to forfeit, please email [dtremaglio@hermesccleveland.com](mailto:dtremaglio@hermesccleveland.com) in as far advance as possible.
  - Late Team: 10 Minutes Late – 1<sup>st</sup> game forfeit, 20 Minutes Late – 2<sup>nd</sup> + 3<sup>rd</sup> game forfeit.
- **Player Eligibility**
  - Each player on your roster is required to sign the waiver to participate.
  - Players may be added at any time during the regular season.
  - Only the players on the waiver form prior to Playoffs are eligible to play in the playoffs.

**Ejection Policy**

- Any player that is ejected from a game, for any reason, will automatically be suspended for the following league game, whether it be on that night, or the following week. Any ejected player will be asked to leave the property for the remainder of the game. Two ejections in one season will result in suspension for the remainder of the season and playoffs. Ejections will occur by using illegal equipment, fighting, taunting, arguing with the referee, etc.

**Questions:**

- Any questions regarding leagues should be directed to the League Commissioner, Dom Tremaglio ([dtremaglio@hermesccleveland.com](mailto:dtremaglio@hermesccleveland.com)).

***PLEASE TREAT MANAGER & STAFF WITH RESPECT!***

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